



LIVE. LEARN. SERVE.

A STUDENT GUIDE 2013 -4



NORTHWESTERN
COLLEGE

Orange City, IA

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Mile High Ministries



Mile High Ministries is an organization that works with marginalized populations in Denver. It began in 1988 as a collaborative effort of 10 denominationally, culturally and economically diverse churches. It brought together urban churches who sought partners to assist in addressing the needs of the poor in their neighborhoods, with suburban churches who sought to share in the work of helping the urban poor. From this beginning a wide variety of outreach efforts emerged, many of them spinning off into independent operations in the inner city. These include such things as alternative education for high school drop-outs, outreach to homeless youth, a thrift store, and renovation of inner-city homes. MHM has also been active in training ventures, holding forums on neighborhood issues like housing, gentrification and youth violence. MHM has subsequently established relationships with over thirty ministry and non-profit organizations in Denver focused on meeting the needs of marginalized urban populations.

Background of NWC's DUS

The Denver initiative began when NWC students participated in summer internships with Mile High Ministries in 2008 as part of Northwestern's Lilly Grant *Vocare* program. Between 2008 and 2011 eight NWC students spent their summer there interning at non-profit organizations that work with underserved or marginalized populations in Denver.

Participating schools in addition to NWC have been: Bethany College, Buena Vista, Central Christian College, Colorado Christian University, Denver, Dordt, Hope, University of Iowa, Judson, University of Missouri, Morningside, Spring Arbor, Sterling College, Tabor College, Taylor, University of Sioux Falls, Wheaton, and Whitworth.



I walked into the summer trying to hide the broken pieces of my life. I was exhausted, sick of being criticized, and tired of spiritual to-do lists. Greg (Director of DUS) taught a class called "Leading from Within". He enabled us to take care of our souls, so we could serve and not get burned out. I learned how to become a human-being again instead of a busy, impatient human-doer. I interned at Treasure House, a transitional housing facility for single moms. I rubbed shoulders with women who were heroine addicts, drug dealers, prostitutes, homeless, mentally ill, and suffering from nasty relationships. As I heard the stories of these broken women, my heart cried out for them. Yet as they heard my story, they hurt for me also. As I was serving, I was being served."

— Hannah Watters, Northwestern College in Iowa

NWC Denver Urban Semester

Developed in collaboration with Mile High Ministries, the NWC Denver Urban Semester was launched in the Spring of 2013. The mission of DUS is to provide an opportunity for college students to consider challenges from the “margins of society” and give space to reflect upon God’s direction for their lives. This is achieved through a three-pronged experience of classroom instruction, living in community, and internships. Classroom work provides instruction in Christian community development and tools for spiritual processing of the urban environment. Community living fosters conversation and group unity, and internships with urban ministry and non-profit organizations in the metro area provide practical work experience.

Program Director and Staff

Greg Fuchs of Mile High Ministries is the DUS site director. Fuchs has a master's degree from Denver Seminary and has worked as a chaplain, youth pastor, Young Life director and vocational coach.

Dr. Jeff Johnsen, Executive Director of Mile High Ministries since 1987, has a D.M. in Transformational Urban Leadership at Bakke Graduate University, Seattle. He has been involved in the work of MHM, helping with transitional housing for homeless families and teens, alternative education and legal aid.

Penny Y Salazar-Phillips S.C.S.W. is the program’s social work supervisor. She holds a Master’s degree in Social Work from the University of Kansas and brings a unique perspective from her experience as a teacher, social worker, organization founder and author in areas of pregnancy loss, sexual abuse, trauma, and HIV/AIDS, and organizational development. She has served as supervisor and mentor for students in the counselling and social work programs from University of Denver, University of Colorado, Denver, Denver Seminary, Regis University and Colorado Christian University, and Dordt.

Donna Jackson will be the program’s student teacher supervisor. She holds a Master’s degree in Education with Special Ed emphasis from Regis University and has over 40 years of teaching experience.

Millie Cline is a graduate of the Spiritual Formation for Spiritual Direction program through the Denver Center for Spirituality and Work in collaboration with the Vincentian Studies Institute. Millie also has a MA in Counseling from Denver Seminary. She has led numerous retreats and continues to spend time discerning her own call through spiritual direction. She was a pastor at Pathways church for 4 years and was also on staff at Mile High Ministries here in Denver. In the past she has worked with other ministries and lived and worked in South Africa for over 2 years with Young Life International. She currently serves as an urban pastor with

Urban Skye, is the co-director of Denver Urban Semester through Mile High Ministries and a consultant with Marta and Associates.

Key Staff Numbers

Director: Greg Fuchs	303-928-9526
Associate Staff: Millie Cline	303-884-9940
Social Work Supervisor: Penny Salazar Phillip	303-525-8815
Student Teacher Supervisor: Donna Jackson	303-771-9735
Resident Director: Tiffany Wong	817-944-1974

Mailing Address

Mile High Ministries/DUS

ODM/DUS, “name”
PO 18018
Denver, CO 80218-0018

Dorm Address

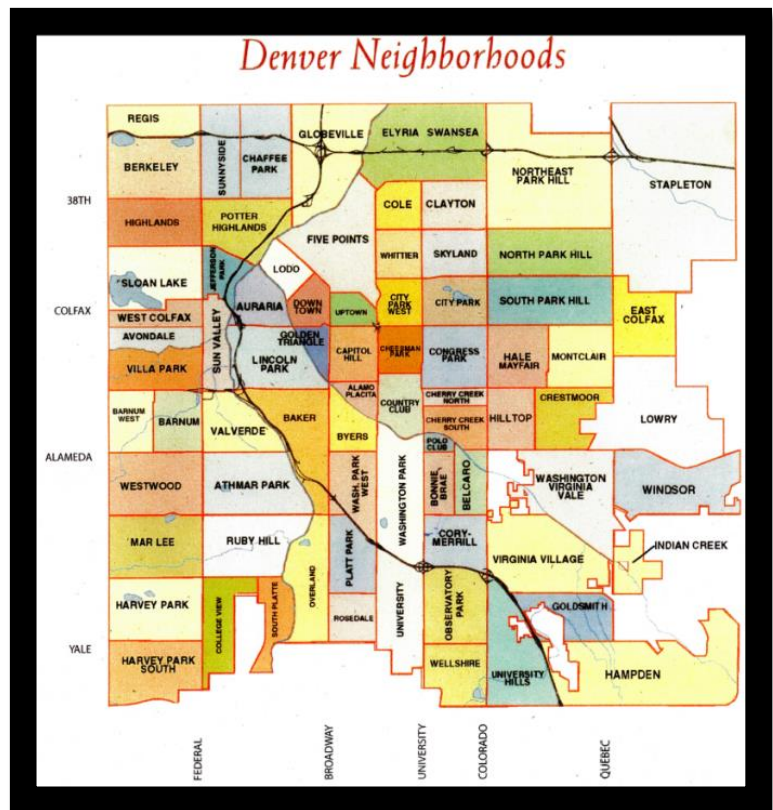
Girls: 16th & Marion St.
(Uptown Neighborhood)
Guys: 1520 Marion St.
(Uptown-Capitol Hill Neighborhood)

Grocery Stores

Safeway (20th St. – near Issachar)

Hospitals:

Denver Health, St. Josephs, St. Luke Pres., St. Anthony’s



Semester Program Structure and Highlights

City Orientation: January 2- 5, 2014

Mid-semester spiritual retreat

Program End Date: May 2



The program orientation plus its weekly activities will orient students to the city, how to get around, where to go and not go, cultural opportunities, and churches. Familiarity and knowledge of how to navigate the city build self-confidence in students' own abilities. Students will travel to and from their internship sites via public transportation.



Internships will provide work experience in a specific context of urban marginalization. Students will meet regularly with Greg and other program staff for debriefing and processing of their internship experience.



The classes will require students to reflect upon and write about their subculture back home, vis-à-vis the subcultures of the city, helping them not only to understand, but to witness the effects of dynamics such as white privilege.



Students who have lived and worked in the urban setting for a semester will emerge informed about the dynamics shaping marginalization such as race, class, and education level. The classes will provide the analytical and spiritual tools to draw measured conclusions on Christian responses to the problems.



Students will be provided with weekly DUS supervision and will participate in a mid-semester spiritual retreat.



Social work students will use Skype at the Issachar Urban Leadership Center to participate in their NWC practicum class and will be supervised by Penny Salazaar Philips.



Student teachers will be supervised by Donna Jackson.

List of Possible Internship Sites

- **Joshua Station & Denver Rescue Mission (transitional housing for homeless)**
- **Champa house & Chayah house (woman's shelter)**
- **Alternative pregnancy center (single mother ministry)**
- **Jamlac (law firm)**
- **Esther House (safe house for woman leaving the sex-trade industry)**
- **Inner City Health Clinic & Stand up for kids (medical)**
- **Goodwill (job training)**
- **Salvation Army & Compa Food (food assistance)**
- **Dry Bones (homeless teens)**
- **Savio House & Providence House (mental health and counseling)**
- **Lutheran Family Services (refugee)**
- **Judi's house (children grief)**
- **Big Brothers Big Sisters (mentoring)**
- **Save our Youth & Whiz Kids (at-risk youth mentoring & support)**
- **Streets Hope (women leaving the sex-trade industry)**
- **African Community Center (refugee resettlement)**
- **Ecumenical Refugee Services (refugee services)**
- **Samaritan House (homelessness)**
- **Father Ed Judy's House (homelessness)**
- **Belay Ministries - Buds Warehouse (job placement & training)**
- **Gathering Place & Christ Body (day shelter)**
- **Baby Bud's' (thrift store)**

Student Teacher Placement Options (Selection)

- **Denver School of Science and Technology**
 - **Denver Center of International Studies, Fairmont**
 - **Alice Terry Elementary**
 - **Gilpin Montessori Elementary**
 - **Columbine Elementary**
 - **Wyatt Academy**
-

Housing & Facilities



Living in community will be a key aspect of the semester experience. MHM will provide several types of housing in downtown Denver that will include interaction with others who are part of MHM's various programs.

One option will be Issachar House, a community apartment building that includes local college-age students preparing for community leadership. Another option is the Open Door Mansion, two privately-owned homes available to MHM. These facilities are readily accessible to mass transit for travel to internships and other destinations in the city.

Street Parking or parking is available at local church or at Joshua Station. Each facility is well equipped with kitchen facilities. Laundry is provided in both houses.

Students will be given a stipend for food and will do their own cooking. The housing will provide excellent home bases for semester students, as well as places to meet together, hang out, and host speakers. Regular discussion and processing of their experience will be a critical part of the program. Resident Director: Tiffany Wong, Texas A & M, B.A. Community Development.



The City

Nestled at the base of the Colorado Rockies, Denver is known as the Mile High City because of its elevation above sea level. More than 2.8 million people live in the Denver metro area, which is host to 7 professional sports teams, museums, concerts, amusement parks and a zoo.

Denver Attractions

Denver Art Museum - <http://www.denverartmuseum.org>

Denver Museum of Nature and Science - <http://www.dmns.org/>

Stiles African American Heritage Center - <http://www.stilesheritagecenter.org/>

Denver Zoo - <http://www.denverzoo.org/>

Hike a 14er: <http://www.colorado.com/articles/what-colorado-14er>

Cultural/Ethnic Restaurants:

Queen of Sheba (Ethiopian)

- 7225 E. Colfax Ave.
 - Tuesday-Saturday 11:30 a.m.-3 p.m.
 - Tuesday-Sunday 5 p.m.-10 p.m.

Puerto Vallarta Mexican Restaurant (Mexican) <http://www.puertovallartamexicanrest.com/>

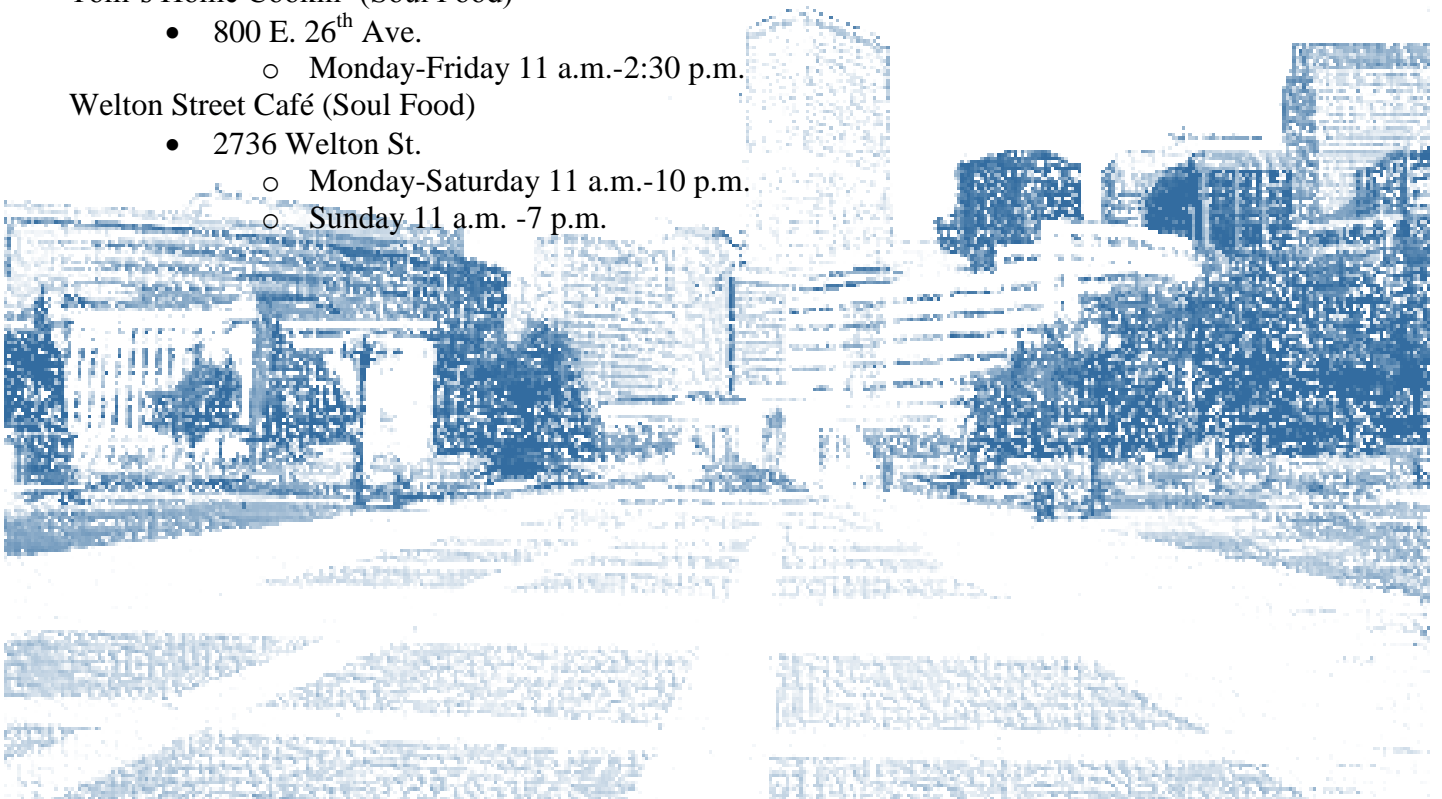
- 35 N. Federal Blvd
 - Monday-Thursday 10 a.m.-11 p.m.
 - Friday-Sunday 10 a.m.-12:30 a.m.

Tom's Home Cookin' (Soul Food)

- 800 E. 26th Ave.
 - Monday-Friday 11 a.m.-2:30 p.m.

Welton Street Café (Soul Food)

- 2736 Welton St.
 - Monday-Saturday 11 a.m.-10 p.m.
 - Sunday 11 a.m. -7 p.m.



Other Notables:

Root Down -

<http://www.rootdowndenver.com/>

- 1600 W. 33rd Ave.
 - Monday-Thursday 5 p.m.-10 p.m.
 - Friday-Saturday 5 p.m.-11 p.m.
 - Sunday 5 p.m.-9p.m.
 - Saturday-Sunday 10 a.m.-2:30 p.m.

City, O City -

<http://www.cityocitydenver.com/>

- 206 E. 13th Ave.
 - 7 a.m.-2 a.m. 7 days a week

Watercourse Foods -

<http://www.watercoursefoods.com/>

- 837 E. 17th Ave.
 - Monday-Thursday 11 a.m.-10 p.m., Friday-Sunday 8 a.m.-10 p.m.

Snooze, an A.M. Eatery -

<http://www.snoozeeatery.com/>

- 700 N Colorado Blvd.
 - Monday-Friday 6:30 a.m.-2:30 p.m.
 - Saturday-Sunday 7 a.m.-2:30 p.m.
- Ballpark: 2262 Larimer St
 - Monday-Friday 6:30 a.m.-2:30 p.m.
 - Saturday-Sunday 7 a.m.-2:30 p.m.

Vert Kitchen

- 704 S. Pearl St.
 - Monday-Friday 11 a.m.-4 p.m.
 - Saturday-Sunday 10 a.m.-4 p.m.

Pete's Kitchen

- 1962 E. Colfax Ave.
 - Open 24 hours 7 days a week

Park Burger - <http://www.parkburger.com/>

- 1890 S. Pearl St.
 - Sunday-Wednesday 11 a.m.-9 p.m.
 - Thursday-Saturday 11 a.m.-10 p.m.
- 2643 W. 32nd Ave.
 - Sunday-Thursday 11 a.m.-9 p.m.
 - Friday-Saturday 11 a.m.-10 a.m.

The Uber Sausage -

<http://theubersausage.com/>

- 2730 E Colfax Ave
 - Sunday-Thursday 11 a.m.-9 p.m.
 - Friday-Saturday 11 a.m.-11 p.m.

Pizza Fusion - <http://pizzafusion.com/>

- 571 E. Colfax Ave.
 - Monday-Thursday 11 a.m.-10 p.m.
 - Friday-Saturday 11 a.m.-11 p.m.

SAME Café - <http://www.soallmayeat.org/>

- 2023 E. Colfax Ave.
 - Monday-Saturday 11 a.m.-2 p.m.

Hi Rise - <http://www.hirisedenver.com/>

- 2162 Larimer St.
 - Monday-Friday 6 a.m.-4 p.m.
 - Saturday-Sunday 7 a.m.-3 p.m.

The Universal

- 2911 W. 38th Ave.
 - Tuesday-Sunday 7 a.m.-2:30 p.m.

Churches

Incarnational/sacramental

The Cathedral Basilica of the Immaculate Conception

6:30 a.m. 8:30 a.m. & 10:30 a.m.
12:30 p.m. & 6:30 p.m.
401 E. Colfax Ave.
Denver, CO 80203

Holy Ghost Catholic Church

7:00 a.m. 8:30 a.m. & 10:00 a.m. – Latin
Choral Mass
12:00 p.m. & 5:10 p.m. – Contemporary
Choir
1900 California St.
Denver, CO 80202

St. Ignatius Loyola

7:30 a.m. & 10:00 a.m.
2301 York St.
Denver, CO 80205

Charismatic

The Potter's House of Denver

9:00 a.m. & 11:00 a.m.
9495 E. Florida Ave.
Denver, CO 80247

River of Life Church

10:30 a.m.
8690 W. Jewell Ave.
Lakewood, CO 80232

Contemplative

The Wilderness

6:00 p.m.
1350 Washington St.
Denver, CO 80203

Mountain View Friends Meeting

9:00 a.m. & 10:30 a.m.
2280 S. Columbine St.
Denver, CO 80210

Evangelical

Colorado Community Church

9:00 a.m. & 10:45 a.m.
2220 S. Chambers Rd.
Aurora, CO 80014

The Summit Church

5:15 p.m.
3300 Larimer St.
Denver, CO 80205

Denver Community Church

8:30 a.m. 10:00 a.m. & 11:30 a.m.
1101 S. Washington St.
Denver, CO 80210

Social justice

Open Door Fellowship

8:30 a.m. 11:00 a.m. & 4:30 p.m.
1567 Marion St.
Denver, CO 80218

Scum of the Earth

10:30 a.m. & 6:30 p.m.
935 W 11th Ave.
Denver, CO 80204

DUS: Cross-Cultural Urban Integration Seminar

“Street Psalms” Listening to the Poetry of the City

Spring 2014

Course credit: 2 credits

Class time: Weds 4-6pm

Location

Issachar Center for Urban Leadership
Denver Urban Semester
2330 W. Mulberry Pl.
Denver, Co. 80204

Instructors:

Dr. Jeff Johnsen
Greg Fuchs, TA
303-928-9526
greg@milehighmin.org

“Cities are a mirror of our societies, a part of our economy, and an element of our environment. But above all else they are a measure of our ability to live with each other. When we examine our cities we examine ourselves.”

J.R.Short, *The Urban Order, An Introduction to Cities, Culture and Power.*

“The city puts you in proximity to people who think differently than you do, so you must think differently.”

Tim Keller

Seminar Overview:

In 1900, eight percent of the world’s population lived in cities. By 2000, that number had surpassed 50 percent! As we consider the impact of urbanism, we realize that urbanization represents a spectacular challenge to leadership – civic, social and spiritual – in our day. This Seminar is designed to offer students tools for understanding global urbanization, its local expression in Denver, Colorado, and analytical tools to help leaders develop healthy, reflective, and effective responses.

In addition, since urban culture prioritizes busy and productive lifestyles, this course will help students establish a different approach to leadership. Students will be invited to develop a new holistic sense of self through reflective practices as well as exercises helping to bring self-understanding and self-awareness and the ultimate invitation to transformative grace. Our hope is that through this Seminar, DUS will develop leaders who have a true sense of self, become aware of God’s transformative invitation, and become leaders who value “being” instead of “doing.”

Seminar Objectives:

- Learn new perspectives in reading cities, neighborhoods, diverse people groups and social systems that comprise the city.
- Begin to discern the “soul” of a city – the symbols and stories that provide meaning and encourage community.
- Understand the importance of the city in scripture and Christian theology.
- Explain causes and consequences of America’s unique urban challenge and develop Christian Community Development principles as they do work in underserved and under resourced neighborhoods.
- Discover how God has created us and given us unique personalities to be part of His greater purpose for humanity.
- Understand the importance of how honest inner work directly influences leadership.
- Learn the biblical theology of rest, renewal and Sabbath and its importance in their lives.
- Recognize important elements in one’s life that both hinder and maintain a balanced life.
- Review, process and present key events that shaped our spiritual journey.
- Study the six historical Christian faith traditions and how understanding the similarities and differences will break down barriers.

Recommended Books:

- Lupton, Robert D., Compassion, justice, and the Christian life: rethinking ministry to the poor. (San Francisco: Harper-Collins 2007)
- Perkins, John M., With justice for all. (Ventura, CA: Regal Books 2011)
- Muller W., Sabbath: Restoring the Sacred Rhythm of Rest. (New York: Bantam Books 2000).
- Benner, David G. The Gift of Being Yourself, (Illinois: Intervarsity Press 2004).

Shared Books:

- Rohr & Ebert. The Enneagram, a Christian Perspective. (New York: Crossroads Pub., 2004).
- Smith J. A Spiritual Formation “Renovare” Workbook. (HarperCollins Publishing, 1993).

Recommended Films:

- Mother Teresa, 2006 Twentieth Century Fox Home Entertainment
- Les Miserable, 1998 Columbia Pictures
- Luther, 2003 Universal Pictures

Web Resources:

- Enneagram www.enneagraminstitute.com , RHETI test, Enneagram self-awareness discovery profile
- Spiritual Gifts, www.christianet.com/bible/spiritualgiftstest.htm, www.kodachrome.org/spiritgift/

Methods and Procedures:

- Students will be encouraged to participate in class discussions each week as they encounter neighborhood social issues.
- Students will keep a journal, writing one entry per week reflecting on their weekly integration seminar practice spiritual discipline, personal experiences of working with the poor and underserved, and thoughts on living and working in the city.
- Students will be invited to practice spiritual exercises throughout the semester.
- Students will be invited to develop and share their spiritual autobiography during their mid-semester Mtn. retreat.
- Students will develop the ability to read a neighborhood through an asset-based-community development perspective. Students will choose one of the neighborhoods in downtown Denver and learn the history, understand its culture, meet the people that bring leadership, spend time asset mapping, inventory its strengths, come up with some possible ideas to provide hope to the neighborhood, and in groups of 2 give a 20 minute presentation.

Assignments & Grading

<i>Streams of faith paper and presentation (faith traditions)</i>	<i>20 pts.</i>
<i>Spiritual Autobiography paper and presentation</i>	<i>20 pts.</i>
<i>Asset Based Community Development paper & presentation</i>	<i>20 pts.</i>
<i>Spiritual Discipline Reflection Paper</i>	<i>10 pts.</i>
<i>Class attendance & discussion</i>	<i>10 pts.</i>
<i>Journals (due at beginning of class Monday mornings)</i>	<i>20 pts.</i>
	<hr/>
	<i>100 pts.</i>

NB: For NWC social work students will take the seminar as P/NP, and student teachers will audit the class.

Spring 2014 Seminar Dates

Important: Jan 2, 2014 move in and begin DUS orientation, 16th & Marion, downtown Denver

Orientation weekend sessions: January 2-6

Mille Cline: A reflection of God: Beauty: creating space spiritual exercise: third place theology

Greg Fuchs: Keeping balance/ Serving from a heart of worship: theology of Rhythm

Greg Fuchs: City Orientation & RTD training

Nancy Black: Trauma Stewardship, understanding the impact of 2nd hand trauma

Sandy Lee: Multicultural Communication

Greg Fuchs: RTD training

Greg Fuchs: Artist Date

Maria Sierra: Public Assistance Language and Recourses

Sandy Lee: Conflict & Communication training

Penny Salazar Phillips: Internship Expectations & Expectations of an intern

Tiffany Wong: House Expectations & House Lifestyle covenant

Seminar Class Schedule

Session 1: Who am I called to be? *Vocare*, connecting one's passions to God's purpose, DISC & SG inventory

Session 2: Tale of two Cities, reading a City from a A.B.C.D. lens, from the eyes of Jerusalem vs. Babylon perspective

Session 3: Turf Tour: Discover and understanding the life of a homeless teens

Session 4: Enneagram #1: taking a unique look at the divine way God created each of us

Session 5: Under the Bridge, discover practical ways of living, interacting and promoting Dignity with the overlooked

Session 6: Stations of the Cross, reflective time to spiritually connect the personal to the passion week of Jesus

Session 7: Enneagram #2, Disintegration and Integration (growing)

Session 8: Seeing as God sees, engage in a Poverty Walk in Capital Hill

Session 9: Labyrinth & *Aft Peregrinatio* Exercise, finding the sacred in our everyday lives

Session 10: Forgotten Neighborhoods, a look at how A.B.C.D. brought healthy resurgence in the Globeville neighborhood

Session 11: God outside the gate #1, Street Life, digging deep into gang life, graffiti and tagging

Session 12: Streams of Faith #1, examine the historical values of the contemplative, sacramental and social justice traditions

Spring Break: no Cross-Cultural Urban Seminar

Session 13: Spiritual Autobiography retreat, held up in the mountains

Session 14: Streams of Faith #2, examine the historical values of the holiness, evangelical and charismatic traditions

Session 15: Hipster & Urbanite Cultural, South Broadway Thrift Stores and RHINO art district walk, conversation

Session 16: God Outside the Gate #2, class held at Riverside Cemetery, reflection on how the poor die nameless and the invitation and challenge God is leading us to as we close up on our DUS semester

Global Education Center
Franken Center, Suite 102



Email: global@nwciova.edu
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